



Why Are You So Scared A Childs Book About Parents With PTSD

By Beth Andrews

Magination Press. Paperback. Book Condition: New. Katherine Kirkland (illustrator). Paperback. 32 pages. Dimensions: 9.6in. x 7.8in. x 0.1in. Kids that have a parent with PTSD can often feel confused, scared, or helpless. Why Are You so Scared explains PTSD and its symptoms in nonthreatening, kid-friendly language, and is full of questions and exercises that kids and parents can work through together. The workbook-style layout encourages kids to express their thoughts and emotions about PTSD through writing, drawing, and designing. This book can serve as a practical tool for kids to cope with and eventually understand their parents PTSD. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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