

Compassion NOW!



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Reviews

It is straightforward in read through better to recognize. I could possibly comprehended every little thing using this published e pdf. Its been written in an extremely basic way and is particularly merely following i finished reading through this ebook through which really transformed me, alter the way i believe.

(Delia Kling)

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KTD Publications. Paperback. Book Condition: new. BRAND NEW, Compassion NOW!, Ogyen Trinley Dorje, Too often a compassionate feeling is left inactive. "Compassion NOW!" is a work that not only focuses on how love and compassion are the root of all Buddhist practices, but is a call to put these compassionate feelings into action in the world. From a teaching given in India in 2010, His Holiness the Seventeenth Karmapa sets forth that compassion for oneself is the starting point from which we can expand to other beings with whom we have a close connection, and then further to an immeasurable compassion for all beings through the Mahayana practice of mind training, which he discusses with clarity and insight. An overview of the Vajrayana method of meditation on Chenrezik, the bodhisattva of compassion, is also included, where His Holiness guides our attention to the central role of the practice: cultivation of compassion.



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